Department of Athletics Fitness & Recreation

Mission Statement

The Skidmore College Department of Athletics, Fitness and Recreation is committed to pursuing excellence both academically and athletically and subscribes to the NCAA Division III philosophy and the concept of the studentathlete. The Department seeks to be a unifying force for the College's diverse population by providing opportunities to maximize academic, athletic and life-skill potential through core values such as teamwork, leadership, discipline, lifelong fitness and service to others.

STAFF

39 Full Time • 40 + Part Time • 60 Student workers

ADMINISTRATORS

Gail Cummings-Danson

Assistant VP for Student Affairs & Director of Athletics

Megan Buchanan

Associate Director of Athletics

Peter Fisher

Assistant Director of Athletics

Amy Murray

Budget Coordinator

Sherry Ankeny

Equipment manager

Matt Chatham

Strength & Conditioning Coach

Bill Jones

Senior Athletic Communications and Marketing Manager

Kyle Lancto

Athletic Communications and Marketing Manager

Meghan Nicchi

Head Athletic Trainer

Nate Ayotte

Assistant Athletic Trainer

John Mosier

Assistant Athletic Trainer

Karen Hurff

Director of Riding

Van Lennep Riding Facility Staff

Karen Hurff
Director of Riding

Belinda Colgan
Head Riding Coach/Instructor

Sascha LaRosa
Stable Manager/Instructor

Becky Reynolds
Office Assistant

Edward Thomas
Stablehand

Heriberto Velducea
Stablehand

Amanda Wadsworth
Instructor

Breanna Flint
Assistant Barn Manager

Harold Dowen
Stablehand

Jim Tracy
Stablehand

Mustafa Guclu Stablehand

FALL SPORT HEAD COACHES



Beth Hallenbeck Field Hockey



Lacey Largeteau Women's Soccer



Jeremiah Kneeland Men's Soccer



Lindsay Bynon Women's Volleyball

WINTER SPORT HEAD COACHES



Joe Burke Men's Basketball



Jess Turner Women's Basketball



Rob Hutchison Ice Hockey



Jill Greenleaf
Men's & Women's Swimming & Diving

SPRING SPORT HEAD COACHES



Elizabeth Ghilardi Women's Lacrosse



Joe Martin Men's Lacrosse



Tom Oppedisano Golf



Ron Plourde Baseball



Liz Neubinski Softball



Manny Valentin Men's and Women's Rowing



Nick White Men's Tennis



Belinda Colgan Riding



Curt Speerschneider Women's Tennis

19 VARSITY TEAMS

FALL

Women's Soccer Men's Soccer Field Hockey Women's Volleyball

WINTER

Ice Hockey
Women's Basketball
Men's Basketball
Men's Swimming & Diving
Women's Swimming & Diving

SPRING

Women's Lacrosse
Men's Lacrosse
Softball
Baseball
Riding
Men's Rowing
Women's Rowing
Men's Tennis
Women's Tennis
Golf

PHYSICAL ACTIVITY CLASSES

30 - One Credit Classes per Semester

- Self Paced Fitness
- Weight Training
- Swim
- Swim for Fitness
- Racquet Ball
- Power and Agility
- Lifeguard Training

INTRAMURALS

- Co-ed 5v5 Basketball
- Co-ed Dodgeball
- Co-ed Power Volleyball
- Co-ed JV Soccer
- Co-ed Varsity Soccer

- Racquetball
- Co-ed Double Tennis
- Co-ed Volleyball
- Co-ed Kickball
- 3v3 Basketball

Non Credit Bearing Fitness Classes

- Circuit Training
- Tai Chi
- Pilates
- Power Bar
- Water Aerobics

- Yoga
- Zumba
- Boot Camp
- Cardio Sculpt
 Conditioning

FACILITIES 1





- Williamson Sports Center
- Wagner Park
- Wachenheim Field
- Ingram Park
- Van Lennep Riding Center
- Valentine Boat House
- Saratoga Ice Rink



COMING SOON



MCCAFFERY-WAGMAN TENNIS AND WELLNESS CENTER

EVENTS

- Varsity Teams compete in 400+ contests annually
- 200+ home contests
- 17 Summer Camps and Lessons
- 10 Clinics
- 15 Outside Rentals





ATHLETICS CONFERENCE

















ICE HOCKEY























10 NATIONAL CHAMPIONS 87 CONFERENCE CHAMPIONS



226 All-Americans 24 Academic All-Americans









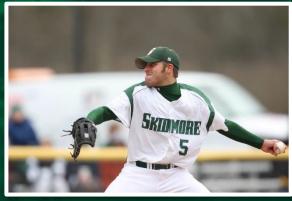




400 STUDENT-ATHLETES







THOROUGHBRED SOCIETY

- Recognizes Skidmore College Varsity Student-Athletes with a GPA of 3.67 or higher for the semester
- Thoroughbred Society recognized 187 Student-Athletes for the Fall 2022 Semester









STUDENT-ATHLETES GIVE BACK TO THE COMMUNITY

- Skidmore Cares
- 55 + separate Community Service Activities annually





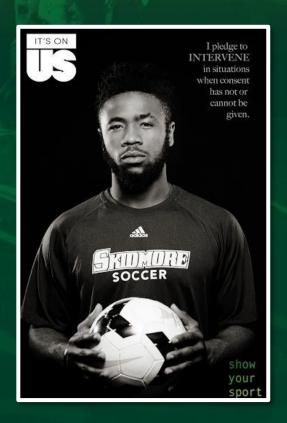


SAAC

STUDENT-ATHLETE ADVISORY COMMITTEE

- Campus leaders on National Issues
- Show Your Sport
- It's On Us





DEI EVENT



Katherine Almquist (She, her, hers) Women's Tennis SAAC DEI Committee Class of 2024



Curt Speerschneider Head Coach Women's Tennis



Clare Kenny '15 Women's Volleyball Co-Creator "Show your Sport<u>"</u>

Experience Matters:

A Conversation Around Active Allyship for the LGBTQ+ Community

> Monday, April 3rd at 7pm Arthur Zankel Music Center

> > **Moderated By**Beck Krefting



Professor, Department of American Studies Director, Center for Leadership, Teaching, and Learning

Presented by Skidmore Athletics



Amon Emeka Associate Professor of Sociology & Former Director of First Year Experience



Nathaniel Gray (He/Him/His) Executive Director Pride Center of the Capital Region



Emily Czelusniak (She/Her) Swimming & Diving Class of 2025

