ATHLETICS, FITNESS, AND RECREATION AT SKIDMORE

Skidmore’s liberal arts and sciences education strikes a balance between mind and body. Students engaged in a rigorous academic program excel when they lead active, healthy lifestyles. Skidmore offers wide-ranging options for intercollegiate varsity sports, intramurals, sports clubs, and personal recreation and fitness. The College also offers a major in exercise science and has extensive course offerings through the Department of Athletics, Fitness, and Recreation.

ATHLETICS FACILITIES

Williamson Sports and Recreation Center:
- main gym with three basketball/volleyball courts
- intramural gym
- swimming pool and diving well
- racquetball courts
- athletic training room
- human-performance laboratory
- aerobics and fitness area
- weight room; recreation gym
- varsity team rooms

Wenger Tennis Courts: (nine, four lighted)

Wagner Park: Artificial-surface field for field hockey, separate softball diamond with Field Turf outfield

Wachenheim Field: Lighted stadium with 1,400 seats, all-weather track, and Field Turf playing field for soccer, lacrosse, and intramurals

Ingram Park: Castle Baseball Diamond

Van Lennep Riding Center: Heated barn, indoor and outdoor riding rings, hunter course, and riding trails

Rowing boathouse: Located on nearby Fish Creek, adjacent to Saratoga Lake

For hockey: Saratoga Springs Ice Rink, with Olympic-size ice sheet

RECREATIONAL OPPORTUNITIES

Set among woods, hills, and open fields, you’ll find the campus is alive at all seasons with unstructured sports activity as cyclists, joggers, hikers, and cross-country skiers set their courses along the trails that wind through campus. The nearby Adirondacks, Berkshires, and Green Mountains also provide lots of recreational opportunities including some of the best skiing and hiking in the Northeast.
The Skidmore Thoroughbreds athletic program offers some of the nation’s top sports opportunities—19 varsity teams that compete nationally with a geographic emphasis in New York and the New England and mid-Atlantic states. A member of the National Collegiate Athletic Association Division III, the New England Hockey Conference, and the Intercollegiate Horse Show Association, Skidmore is a founding member of the Liberty League.

**INTERCOLLEGIATE SPORTS**

BARD COLLEGE
CLARKSON UNIVERSITY
HOBART AND WILLIAM SMITH COLLEGES
ITHACA COLLEGE
RENSSLEAER POLYTECHNIC INSTITUTE
ROCHESTER INSTITUTE OF TECHNOLOGY
UNIVERSITY OF ROCHESTER
SACRED HEART UNIVERSITY
ST. LAWRENCE UNIVERSITY
UNION COLLEGE
VASSAR COLLEGE

**THE LIBERTY LEAGUE**

**BASEBALL**
Ron Plourde
518-580-5380 | rplourde@skidmore.edu

**BASKETBALL, men**
Joe Burke
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**BASKETBALL, women**
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**FIELD HOCKEY**
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**GOLF**
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**ICE HOCKEY**
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**LACROSSE, men**
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**SOFTBALL**
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**SWIMMING/DIVING**
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**ROWING**
Nate Simms
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**TENNIS, men**
Curt Spearsreider
518-580-5313 | cspiersreider@skidmore.edu

**TENNIS, women**
Hilda Arrechea
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**VOLLEYBALL**
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**ATHLETICS CONTACTS**
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Nekisha Henry, Assistant Athletics Director
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Bill Jones, Sports Information
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**HEAD COACHES**

- **BASEBALL**
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- **TENNIS, men**
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  - Hilda Arrechea
  - 518-580-5367 | hareche@skidmore.edu

**INTRAMURALS AND CLUBS**

A thriving intramural program provides a wide variety of coeducational sports activities at a nonvarsity level. Students who share similar enthusiasms also join together to form activity clubs, including:

- ALPINE SKIING
- CLUB BASKETBALL
- CIRCUS CLUB
- CYCLING CLUB
- FLY FISHING CLUB
- HALFBREDS MEN’S CLUB HOCKEY
- MARTIAL ARTS
- NORDIC SKI CLUB
- OUTING CLUB
- POLO
- RUNNING CLUB
- SAILING CLUB
- SKIDMORE QUIDDITCH
- SNOW SPORTS
- THOROUGHBEARS ULTIMATE FRISBEE
- WOMEN’S CLUB HOCKEY

Explore all of our clubs and find your niche at: SKIDMORE.EDU/CLUBS

**See more about Skidmore athletics and track our latest games and scores at:**

SKIDMOREATHLETICS.COM